



Spring 2023

Friday

5:00 pm	Arrival/Check-in
6:00 pm	Dinner
7:00 pm	Session 1
9:00 pm	Personal Reflection activity #1
9:30pm	Snack
10:00 pm	Evening Prayer

Saturday

8:00 am	Morning Prayer
8:30 am	Breakfast
9:30 am	Session 2
11:30am	Personal Reflection Activity #2
12:30 pm	Lunch
Free Time	Options: Games Table, Nature Walk, Gym, Bouldering, Wide Game
5:30 pm	Dinner
6:30 pm	Session 3
8:00 pm	Personal Reflection Activity #3
8:30 pm	Campfire w/ Snack
10:00 pm	Evening Prayer

Sunday

8:00 am	Morning Prayer
8:30 am	Breakfast
9:30 am	Session 4
12:30 pm	Lunch
1:00 pm	Check Out

***Schedule is subject to change